

# Typical Week for Academic Students at Abbey College in Malvern

September 2017	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
08:00 – 08:25	Breakfast & Registration					Breakfast	
08:30 – 08:40	Extended Assembly*	Student Support *	Student Support *	Student Support *	Assembly Preparation		
08:40 – 08:55	Assembly				Assembly		
09:00 – 09:45	Lesson 1	Lesson 1	Lesson 1	Lesson 1	Lesson 1	Free Time	Free Time
09:50 – 10:35	Lesson 2	Lesson 2	Lesson 2	Lesson 2	Lesson 2		
10:35 – 10:55	Break					Included or Optional Excursion	Brunch 11:00- 12:00
10:55 – 11:40	Lesson 3	Lesson 3	Lesson 3	Lesson 3	Lesson 3		
11:45 – 12:30	Lesson 4	Lesson 4	Lesson 4	Lesson 4	Lesson 4	Activities or Local Trip	Activities or Local Trip
12:30 – 13:20	Lunch						
13:25 – 14:10	Lesson 5	Lesson 5	Lesson 5		Lesson 5	Lesson 5	
			Juniors*	Seniors*			
14:15 – 15:00	Lesson 6	Lesson 6	Break	Lesson 6	Lesson 6	Or →	Activities or Local Trip
15:00 – 15:15	Break	Break	Wellbeing 14:30 – 16:00	Break	Break		
15:15 – 16:00	Lesson 7	Lesson 7		Lesson 7	Lesson 7	Lesson 7	
16:00 – 16:30	Break	Break	Break	Break	Break	Malvern Trip	
16:30 – 17:30	Prep	Prep	Prep	Prep	Prep		
17:40 – 18:30	Prep	Prep	Prep	Prep	Prep		
18:30 – 19:15	Dinner					Dinner	Dinner
19:30 – 20:30	Clubs/Societies	Clubs/Societies	Clubs/Societies	Clubs/Societies	Evening Activities	Evening Activities	Preparation for the following week 19:30 -20:45
20:45 – 21:45	Evening Activities	Evening Activities	Evening Activities	Evening Activities			
21:45 – 22:15	Free Time					Free Time	Free Time
22:15	Bed check	Bed check	Bed check	Bed check	Free Time		
22:45						Bed check	Bed check

\* Students will be advised when there are extended assemblies, which Student Support lessons to attend, and which groups they are in on Wednesdays